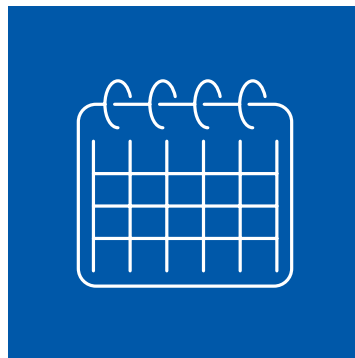


Quick Guide

Know how to find what you need—when you need it!
triumphgroup.makeityoursource.com



Open Enrollment is November 6 through November 17.

Choose Your Benefits

Get Ready Now, Enroll November 6 through November 17

It's easy to find the right fit. Just choose your coverage level, the price you want to pay, and the insurance carrier you want to work with.



Get Up to Speed

Visit the Make It Yours website at triumphgroup.makeityoursource.com

- Read through the **Benefits Enrollment Guide for 2024** on the Benefits Enrollment Guide tile on the Home page to learn more about your benefits.
- Compare the coverage levels side-by-side.
- Get to know the carriers through **Your Carrier Connection**—get overviews, compare features and services, and access preview sites to see provider networks and prescription drug information.



Enroll

Log on to the **TRIUMPH Group Benefits Center** website at <https://digital.alight.com/triumphgroup> and click **Enroll Now**. Or, you can enroll through the Alight Mobile app (available through the Apple App Store or Google Play).



- Get fast answers about the best medical options for your situation by sharing what's important to you.
- See how others evaluated the health insurance carriers by looking at carrier ratings for customer service, provider networks, and online experience.

Once you've completed your enrollment online, you can view your future coverages and follow-ups on a confirmation page. You can also view this information through the **TRIUMPH Group Benefits Center** website any time before your benefits begin.



Remember, you must enroll to have coverage through TRIUMPH for 2024. If you don't take action and enroll by the close of Open Enrollment, you will not have medical, dental, or vision coverage through TRIUMPH next year. Keep in mind, if you don't elect medical coverage, you won't have prescription drug coverage, either. And, to contribute to a Health Savings Account (HSA) or flexible spending account (if eligible), you must make an active election.

Use Your Benefits

Throughout the year, there are lots of ways to stay on top of your health, and to make the most of your benefits and your health care dollars. Make sure you're up to speed before your benefits take effect.



Get the Inside Scoop

Visit the Make It Yours website at triumphgroup.makeityoursource.com.

- Get insider tips for “how to work the health care system” on many topics.
- Make the most of your benefits and your health care dollars.



Manage Your Benefits

Log on to the **TRIUMPH Group Benefits Center** website at <https://digital.alight.com/triumphgroup> or the Alight Mobile app.

- See what's covered and who you're covering.
- Make benefits changes when your life changes (e.g., marriage, birth of a child).



Stay in Step With Your Carrier

Once your coverage begins, register on the **insurance carrier** member site (you can get to it from the Make It Yours website).

- Keep track of your provider bills and payments online (once your coverage begins).
- Take advantage of all that your carrier offers, which may include telemedicine, health experts, and discount programs.



Questions?

If you need additional help, customer service representatives at the **TRIUMPH Group Benefits Center** will also be available **Monday through Friday, from 7:00 a.m. to 7:00 p.m. CST** during enrollment, to answer questions you may have. Just call **(833) 885-5653**. For additional support, you can schedule an appointment with a customer service representative through the **TRIUMPH Group Benefits Center** website at <https://digital.alight.com/triumphgroup>.