

# Quick Guide

Know how to find what you need—  
when you need it!

[triumphgroup.makeityoursource.com](http://triumphgroup.makeityoursource.com)

*make it yours*



# Choose Your Benefits

## Get Ready Now, Enroll Before Your Deadline

It's easy to find the right fit. Just choose your coverage level, the price you want to pay, and the insurance carrier you want to work with.



### Get Up to Speed

Visit the Make It Yours website at [triumphgroup.makeityoursource.com](https://triumphgroup.makeityoursource.com)

- Read through the [Benefits Enrollment Guide for 2025](#) on the [Helpful Documents](#) page to learn more about your benefits.
- Compare the coverage levels side-by-side.
- Get to know the carriers through [Your Carrier Connection](#)—get overviews, compare specially designed programs, and access preview sites to see provider networks and prescription drug information.



### Enroll

Log on to the **TRIUMPH Group Benefits Center** website at [digital.alight.com/triumphgroup](https://digital.alight.com/triumphgroup) and click **Enroll Now**. Or, you can enroll through the Alight Mobile app (available through the Apple App Store or Google Play).



- Get fast answers about the best medical options for your situation by sharing what's important to you.
- See how others evaluated the health insurance carriers by looking at carrier ratings for customer service, provider networks, and online experience.

Once you've completed your enrollment online, you can view your coverages and follow-ups on a confirmation page. You can also view this information through the **TRIUMPH Group Benefits Center** website any time before your benefits begin.



**Remember, you must enroll to have coverage through TRIUMPH.** You have 30 days from your date of hire to enroll in TRIUMPH's benefits. **If you do not enroll in your benefits by that time, you will not be eligible for benefits until 2026, and you will not have medical, dental, vision, or voluntary benefits through TRIUMPH during 2025.**

# Use Your Benefits

Throughout the year, there are lots of ways to stay on top of your health, and to make the most of your benefits and your health care dollars. Make sure you're up to speed before your benefits take effect.



## Get the Inside Scoop

Visit the Make It Yours website at [triumphgroup.makeityoursource.com](https://triumphgroup.makeityoursource.com).

- Get insider tips for “how to work the health care system” on many topics.
- Make the most of your benefits and your health care dollars.



## Manage Your Benefits

Log on to the **TRIUMPH Group Benefits Center** website at [digital.alight.com/triumphgroup](https://digital.alight.com/triumphgroup) or the Alight Mobile app.

- See what's covered and who you're covering.
- Make benefits changes when your life changes (e.g., marriage, birth of a child).



## Stay in Step With Your Carrier

Once your coverage begins, register on the **insurance carrier** member site (you can get to it from the Make It Yours website).

- Keep track of your provider bills and payments online (once your coverage begins).
- Take advantage of all that your carrier offers, which may include virtual care, lifestyle coaching and fitness discounts, and mental health support.



## Questions?

If you need additional help, customer service representatives at the **TRIUMPH Group Benefits Center** will also be available **Monday through Friday, from 8:00 a.m. to 5:00 p.m. CST**, to answer questions you may have. Just call **(833) 885-5653**.

For additional support, you can schedule an appointment with a customer service representative through the **TRIUMPH Group Benefits Center** website at [digital.alight.com/triumphgroup](https://digital.alight.com/triumphgroup).